



UNITED CHURCH OF CHRIST

Welcome to Church of the Savior, UCC - a progressive, hope-filled, Christian community!

THIS IS SUMMER SABBATH MONTH
Regular Worship Hour at 11 AM –
AND a simplified Early Morning Communion Service at 8:30 AM –
but NO other Early Morning Activities

Our preacher today, Ched Myers, is a well-known activist theologian and the co-director of Bartimaeus Cooperative Ministries (www.bcm-net.org) with Elaine Enns, a restorative justice practitioner. Ched has worked in social change movements for 40 years. With a degree in New Testament Studies from the Graduate Theological Union, he is a popular educator who animates scripture and issues of faith-based peace and justice. Last year marked the 30th anniversary of Ched’s landmark biblical commentary, Binding the Strong Man: A Political Reading of Mark’s Story of Jesus (Orbis, 1988/2008). He has authored over 100 articles and many other books, including The Biblical Vision of Sabbath Economics (Tell the Word, 2001), Ambassadors of Reconciliation: A N.T. Theology and Diverse Christian Practices of Restorative Justice and Peacemaking (with Elaine Enns, Orbis, 2009), and Our God is Undocumented: Biblical Faith and Immigrant Justice (with Matthew Colwell, Orbis, 2012). Most recently he curated, edited and contributed to an anthology entitled Watershed Discipleship: Reinhabiting Bioregional Faith and Practice (Cascade Press, 2016). Most of Ched’s publications can be found at www.ChedMyers.org. Ched is adjunct faculty at St. Andrew’s College in Saskatoon, SK, and has taught at many seminaries around the U.S., Canada and Australia, most recently United Theological Seminary (UCC) in Minneapolis.

The Conscious Consumers will sell **Fair Trade coffee, tea, chocolate**, and other items following Worship today. Yummy for the tummy, and also supportive of producers in developing countries by paying fair prices for their products.

- + **IF YOU ARE VISITING WITH US TODAY** or have a prayer concern, comment or request, please take a moment and fill out one of the cards found in the back pocket of our sanctuary chairs. **We are glad you’re here!**
- + **HAVE A NAME TAG?** Please don’t forget to wear it as an act of hospitality toward one another. If you don’t have a nametag, please sign up on the yellow sheet in the back. If you are visiting, there are "stick-on" nametags available, too.
- + **Multi-age Sunday School classes for Summer.** Children 5 and under will stay in the nursery with **Deborah Clilburn & Hannah Cook**; children in first through 5th grade will go downstairs immediately after Children’s Time. **Jessie Houston & Ceil Sheahan** will be with the group this week.

This Week at COS

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| Today | Lunch & Conversation with Ched Myers (see above) |
| Wed, 7/17 | Centering Prayer and Lectio Divina, 6:30 PM at SH |
| Thurs, 7/18 | Community Group – Knoxville Community of Mindfulness, 5:45 PM at COS |
| Fri, 7/19 | Community Group – Community of St. Ninian, 6:30 PM at SH |
| Sat, 7/20 | COS Kitchen Work Day, 10 AM – 1 PM at COS (see below)
COS Folk Dancing, 2-4 PM at COS (see below) |

A KITCHEN WORK DAY will be held *Saturday, July 20 from 10 AM – 1 PM*. Bring your lunch and help us organize and tidy the kitchen!

JOIN THE FUN! THIS SATURDAY, JULY 20TH, COS FOLK DANCING!!! Fun for the whole family!!! All ages are invited to participate in a variety of folk dances with Bob Grimac from 2 - 4 PM. Bring snacks to share and come join the fun... a true intergenerational activity.

2nd Mile Gift for June: Planned Parenthood of Middle and East Tennessee

Planned Parenthood of East TN provides high quality reproductive, sexual, and general health care to all, regardless of race, age, income, religion or sexual orientation. For increasing numbers of Tennesseans, PPMET is the only source for compassionate, low cost or free care of critical health and quality of life issues. For more information, see plannedparenthood.org or call 800-230-PLAN.

SUMMER SABBATH MONTH!!!!

*This year, our Summer Sabbath will run from Sunday, June 30 – Sunday, July 28. During this time, regular **Worship will continue at 11 AM**, and there will be a **simplified Early Morning Communion Service at 8:30**. However, **there will NOT be any other early morning activities from June 30 – July 28**. The church doors will open at **8:15 AM for early worship and 10:30 AM for the 11 AM Worship Service**. An intergenerational children's Sunday School class will be offered during worship, but **adult studies, choir practice, and other Sunday morning activities will be suspended to give everyone a break from the routine**.*

Sunday Morning Adult Studies: We've concluded our Spring Sunday Morning **Bible Study** and **Adult Discussion groups**. We will **NOT be meeting during July**, but will begin again in August. For more info about these groups, e-mail the church office at cosucc@bellsouth.net

The Bountiful Hearth...sponsored by the Conscious Consumers: Sundays during the gardening season, the church's fireplace hearth will be ready to receive whatever extra garden bounty you wish to share. See you at the Hearth!

The COS Book Club made selections for the next several months at their June meeting, so if you have extra time this summer and want to get ahead on your reading, here is your opportunity. For our July 30 meeting, we will discuss Wiley Cash's Appalachian novel *A Land More Kind Than Home*. No one has yet agreed to host, so if the spirit moves, please let Judy or Ed know. In August, we will discuss Roxane Gay's memoir *Hunger*, and in September, we will meet to talk about David McCullough's *The Wright Brothers*. Contact Ed or Judy Sullivan for questions-- sully@sully-writer.com or judith.sullivan@knoxschools.org.

PLEASE NOTE: The state of Tennessee has issued a **new tax exempt form** effective July 1, 2019. The updated form has been placed in the file folder in the kitchen at Shalom House. **Should you make a purchase on behalf of COS, you will need to give the merchant this new form.**

Save the Date: "Practicing Mindfulness" COS Stewardship Event Sept. 28

Come to **"Practicing Mindfulness,"** a two-hour, Saturday morning workshop here at COS with renowned therapist and UT Vols performance coach Dr. Clifton Tennison. You've probably heard of mindfulness practice. Find out exactly how and why it works, and more important, how it can work for you as a practical daily tool to reduce stress, improve productivity and focus, strengthen relationships, and faith practice, and enhance health and well-being. This event is open to all . . . and useful to all.

Dr. Tennison is donating his time for this COS **fund-raiser**, Saturday, September 28, from 9 AM to Noon, at COS. Tickets are \$30 per person and \$25 for students and includes breakfast. Invite family, friends and colleagues. All proceeds benefit COS.

COS Service Opportunities:

Help us Offer Hospitality to One Another and to Visitors! Mary Pope and DeWayne Emert have organized Sunday Morning hospitality duties to help make sure our church is welcoming and EVERYONE has the opportunity to serve (even our new members can sign up and help us make COS a welcoming church!). **The sign-up sheet is on the back table.**

Help Needed in our Kitchen: Looking for a place to serve? Consider helping in the kitchen. We have a great group of folks who step up each Sunday morning, but we need at least 4 more "regulars" to insure our kitchen functions optimally for us and for the many groups that use our facility. No prior experience is necessary. In addition to Sunday morning duties, there are several tasks that are done less often and can be done at your convenience during the week. Please contact Judy Flerl, flerljudy@gmail.com, DeWayne Emert, dsemert@aol.com, or Mary Pope, dmbp03@charter.net, for more information.

Upcoming Justice Knox DATES (through July):

+ **Tuesday afternoon, 7/30 - Justice Knox Annual Assessment** for Team Leaders, Clergy, and Committee Members

Church of the Savior Contact Information

If you have any questions about COS, please feel free to contact the church office, our pastor, or staff using the information below. **For a pastoral care concern, please call Rev. John Gill at 865-257-3223 or e-mail him at cosjg@att.net.** For questions about **activities for Youth and Children**, contact Tonya Barnette (see below). **If you have a joy or concern or an announcement to share via e-mail**, please e-mail the church office by Tuesday morning. Thanks!

Ministers:	All God's People!	Pianist:	Carol Z. Shane
Pastor:	Rev. John Gill	Moderator:	Nate Williams
Administrative Assistant:	Nancy Best	Church Phone:	(865) 584-7531
Youth & Children's Minister:	Tonya Barnette	Church office hours:	Monday-Thursday, 9 AM-2 PM
Music Director:	Alex Engle	Church e-mail:	cosucc@bellsouth.net

Pastor's e-mail: cosjg@att.net
Tonya Barnette e-mail: tonyabarnette@comcast.net
Nate Williams' e-mail: natewilliams865@gmail.com
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Southeast Conference: www.secucc.org